## OSHA's Form 300 (Rev. 01/2004)

## Log of Work-Related Injuries and Illnesses

Attention: This form contains information relating to employee health and must be used in a manner that protects the confidentiality of employees to the extent possible while the information is being used for occupational safety and health purposes.

Year 2(

## U.S. Department of Lak

Occupational Safety and Health Administra

You must record information about every work-related death and about every work-related injury or illness that involves the loss of consciousness, restricted work activity or job transfer, days away from work, or medical treatment beyond first aid. You must also record significant work-related injuries and illneses that are diagnosed by a physician or licensed health care professional. You must also record work-related injuries and illnesses that meet any of the specific recording criteral listed in 29 CFR Part 1904.8 through 1904.12. Feel free to use two lines for a single case if yo need to. You must complete an Injury and Illness Incident Report (OSHA Form 3010) or equivalent form for each injury or illness recorded on this form. If you're not sure whether a case is recordable, call your local OSHA office for help.

Establishment Name ABC Corporation

1234 Any Streeet, Any Town, CA 94086-3119

| Identify the person |                        |                  | Describe the case           |  |  |       | Classify the case                      |                                      |   |                   |  |            |                      |                              |               |                  |           |
|---------------------|------------------------|------------------|-----------------------------|--|--|-------|--|--------------------------------------|---|-------------------|--|------------|----------------------|------------------------------|---------------|------------------|-----------|
| (4) (0) (0)         |                        |                  |                             | (5)                                      |  |       | ONE box for<br>the most se<br>at case: |                                      | Enter the number of days the injured or ill worker was: |                   | Check the "Injury" column or choose one type<br>illness: |            |                      |                              |               |                  |           |
| (A)<br>Case<br>No.  | (B)<br>Employee's Name | (C)<br>Job Title | (D)<br>Date of<br>injury or | (E)<br>Where the event<br>occurred       | (F)<br>Describe the injury or illness, parts of body<br>affected, and object/substance that directly |       | Remained at Work                       |                                      |   | Away from<br>work | On job<br>transf. or                                     |            | Di                   | Respiratory<br>Condition     | Pois          | Hearing Loss     | illn      |
|                     |                        |                  | onset of<br>illness         |  | injured or made person ill   | Death | Days<br>away<br>from<br>work           | Job<br>Transfer<br>or<br>restriction | Other<br>record-<br>able<br>cases                       | -                 | restriction  | Injury     | Skin<br>Disorder     | atory<br>dition              | Poisoning     | Loss             | illnesses |
|                     |                        |                  |                             |  |  | (G)   | (H)                                    | (I)                                  | (J)   | (K)               | (L)  | (1)        | (2)                  | (3)                          | (4)           | (5)              | (6        |
| 9                   | Walter K Thornton      | Secretary 1      | 3/16/2007                   | 123 Bennet Street, San Jose,<br>CA 95011 | Inhaled toner.   |       | ✓                                      |                                      |   | 1                 | 0  |            |                      | ✓                            |               |                  | [         |
| 8                   | Antonio E Rodriguez    | Technician       | 6/8/2007                    | 123 Bennet Street, San Jose,<br>CA 95011 | Strained back.   |       |  |                                      | ✓   | 0                 | 0  | ✓          |                      |                              |               |                  | [         |
|                     |                        |                  |                             |  | Totals:  | 0     | 1                                      | 0                                    | 2   | 1                 | 0  | 1          | 0                    | 1                            | 0             | 0                | (         |
|                     |                        |                  |                             |  |  |       |  |                                      |   |                   |  | Injury (1) | Skin<br>Disorder (2) | Respiratory<br>Condition (3) | Poisoning (4) | Hearing Loss (5) | illnesses |
|                     |                        |                  |                             |  |  |       |  |                                      |   |                   |  | . /        | .,                   |                              | . /           | ,                | Ì         |



## ation



All other i) 0

All other

6)